



Lexington, KY Montessori-Based Home Daycare

Fall/Winter Supplies Checklist

"There's no such thing as bad weather, only inappropriate clothing." Sir Ranulph Fiennes, British Explorer, Writer, and Poet

We are outside year-round. This means that, although it might get cold and there may be snow on the ground, we will still be playing! Per the handbook: *"Between 25F-35F, we will be outside for 10 minutes, inside for 10, for up to 20 minutes outside time total for the session. When the temperature (and wind chill/relative humidity) is between 36F-79F, our outside time will be dependent on the children."*

To be safe, we will bundle in layers.

- 1) Base layer: thermal clothing
- 2) Mid-Layer: Fleece pants/top
- 3) Extra layer: Lighter jacket or vest
- 4) Outer Layer: waterproof bibs, heavyweight coat. winter gear

Here is a list of what your child will need to be left at my home. I will wash and hang dry these items. I do not want anything besides the child's daily coat and shoes to be taken home, because I don't have sufficient supply to loan if these items are left at home. You are welcome to donate snow toys but they won't be returned after the season and I am not held responsible for these items. If you have further questions about why I need these items, please ask!

FALL/WINTER (SEPTEMBER-MARCH)

- o 2 complete weather-appropriate everyday outfits: pants, shirt/onesie, sweater, socks (one pair should be fleece or wool), underwear if needed; this is the mid-layer, so think about what you'd like your child to wear.
- o One winter gear set: hat, gloves or mittens; one waterproof pair and one knit pair preferred, scarf, snowsuit/bibs/pants, winter coat (heavy or very heavy weight). You can include a balaclava if your child will wear one.
- o Thermal base layer; can be pajamas
- o One set of warm pajamas. Old PJ's are fine; these are to change into for comfort after snow play.
- o Rain Boots: can be rain or snow boots, but should be fairly water resistant.
- o Muddy Buddy or FroggTogg suit to be worn over snow gear
- o Lighter jacket (light or medium weight). vest if desired